

Fresh Carrot Salad

~Submitted by Daun York

Ingredients

2-3 lbs. fresh carrots / cleaned and topped but not peeled
1 medium fresh pineapple / topped, peeled and cored then diced small
2 cups white or regular raisins / rehydrated in 2 TBS of orange juice
2 TBS orange zest
2 TBS fresh orange juice
2 TBS chopped pecans (optional)
1 cup sour cream, IMO or plain yogurt
A dash of cinnamon
A dash of nutmeg
2 TBS honey or turbinado sugar (raw sugar)

Preparation

Grate carrots and combine with remaining ingredients. Refrigerate overnight for optimal flavor.
Serve cold.

